

Nursing Echoes.

* * * All communications must be duly authenticated with name and address, not for publication, but as evidence of good faith, and should be addressed to the Editor, 20, Upper Wimpole Street, W.



Three papers will be presented at the Conference convened by the Matrons' Council of Great Britain and Ireland to be held at 11, Chandos Street, Cavendish Square, W., on Friday, November 22nd. 1. The Equality of Rich and Poor in Sickness, the Relation of Cottage Nurses to the Nursing Profession. By Miss E. A. Stevenson, late Lady Superintendent of the Sutherland Benefit Nursing Association. The Place of Trained Nursing in Prisons, by Mrs. Bedford Fenwick; and one on The Organisation of a Nurses' Defence Union, all of which should arouse lively discussion.

The good work done by the Charing Cross Nurses in connection with invalid cooking was amply attested at the recent Cookery Exhibition, but they have been very hampered by want of facilities, as, up to the present time they have had no kitchen where they could work, all their cooking having to be done in the ward kitchens, or the general kitchen. They are, therefore, rejoicing that at last they are to have their own Cookery Class Room and Practice Kitchen. The hospital authorities have adapted and enlarged the old Dispensary for this purpose, and the Committee of the Universal Cookery and Food Association have promised to equip it.

At the meeting of the Committee of Management last month the Director, Mr. Herman Senn, G.C.A., submitted a report as to the class room and practice kitchen which was being installed for the use of the nurses in training at Charing Cross Hospital, and, on his recommendation, it was unanimously decided to give a grant, not exceeding £30, towards the cost incurred, as a donation to the hospital from the Benevolent Fund, the case being deemed specially worthy.

Six gas stoves are now being installed, and very shortly the nurses will have their own thoroughly equipped kitchen. The dishes which they prepare are afterwards sent up to the wards for the patients on special carts.

The new course of lectures given by the Association to the nurses began on October 15th, the following being the syllabus:—

Lesson 1.—Fried Fish, Egg Flip, Arrowroot Pudding, Milk Jelly, Notes on Food Value, Meat and Fish.

Lessons 2 and 3.—Practice class.

Lesson 4.—Mutton Broth, Veal Tea, Fillet of Sole à la Maitre d' Hotel, Notes on Food Value, Milk and Eggs.

Lessons 5 and 6.—Practice class.

Lesson 7.—Wine Jelly, Steamed Fish and Sauce, Spinach and Poached Eggs, Notes on Food Value, Vegetables.

Lessons 8 and 9.—Practice class.

Lesson 10.—Fish Croquettes, Vanilla Soufflé, Egg Jellies, Wine Whey, Notes on Minerals.

Lessons 11 and 12.—Practice class.

Lesson 13.—Sponge Cakes, Suet Pudding, Veal Quenelles and Sauce, Notes on Stimulants.

Lessons 14 and 15.—Practice class.

Lesson 16.—Omelette Soufflé, Milk Scones, Corn-flour Blancmange, Barley Water, Notes on Dishing up and Special Diets.

Lessons 17 and 18.—Practice class.

Examination.

Charing Cross Hospital has also had another welcome gift lately—a most ingenious machine which washes dishes and plates, cups and saucers, and silver in an incredibly short space of time. It has been presented by the firm, H. Kummeler and Co.

The plates are placed in the receptacle in which they are washed on a rack consisting of wooden pegs, with soap and soda. The water, which must be very hot, is then turned on, and in the space of *one second* twenty-four plates can be thoroughly washed. By slight manipulation of the mechanism they are then lifted out of the washing water and lowered into the rinsing water, where they remain for about a minute and are thoroughly cleansed. When they are removed from this they dry quickly, without the use of any cloths being necessary. Think of the saving in tea cloths and dish cloths, not to mention time, by the use of this ingenious appliance. Special racks are provided for the cups and saucers, and silver; and the silver, when it is finished, is beautifully bright, "just as if it has been polished with a chamois leather," said the maid who manipulates the machine.

A very interesting discussion took place at the Midwives' Institute on Tuesday, the 5th inst., on "Guilds and Leagues for Nurses and Others." Miss Böge, Superintendent of the Shoreditch and Bethnal Green District Nursing Association, was in the chair.

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